

CHINOOK VILLAGE PROGRAM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>It is our policy to conduct resident activities as scheduled. If a calendar modification is necessary, every attempt will be made to post any changes in advance</p>	<p>LEGEND (2) 2nd Floor, Activity Rm. (3) 3rd Floor, Lounge (4) 4th Floor, Chapel (6) Main Entrance 6</p>	<p>LEGEND (C) Clinic (2L) 2nd Floor Dining Lounge (L) Lane Lounge (T) Terrace Room (CS) Corner Store</p>	<p>LEGEND (C) Clinic (2L) 2nd Floor Dining Lounge (L) Lane Lounge (T) Terrace Room (CS) Corner Store</p>	<p>1</p> <p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Seniors Benefits In-service (T) 6:30 Band (4) "Dick and the Gals"</p>	<p>2</p> <p>9:30 Sit n' Be Fit (2) 10:30 Balloon Tennis (2) 2:00 Meet and Greet Coffee Party (2L)</p>	<p>3</p>
<p>4</p> <p>2:30 Chapel (4)</p>	<p>5</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Walking (2L) 2:00 Afternoon Chores (2) 6:30 Hymn Sing (4)</p>	<p>6</p> <p>9:30 Chair Yoga (3) 10:30 Wheel of Fortune (2) 2:00 Movie and Popcorn (4) 2:00 Stitch and Knit (4L)</p>	<p>7</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Cryptograms (2L) 2:00 Pen Pal Program (2L)</p>	<p>8</p> <p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Games (2L) 6:30 Band (4) "Happy Gang"</p>	<p>9</p> <p>9:30 Sit n' Be Fit (2) 10:30 Crosswords (2L) 2:00 Bingo (2)</p>	<p>10</p> <p>2:00 Millar College Choir (T)</p>
<p>11</p> <p>2:30 Chapel (4) Daylight Saving Time Begins</p>	<p>12</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Walking (2L) 2:00 Afternoon Chores (2)</p>	<p>13</p> <p>9:30 Chair Yoga (3) 10:30 Reminisce (2) 1:00 B12/Blood Pressure Clinic (4) 2:00 Birthday Party (T) "Silver Sage"</p>	<p>14</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Musical Memories (2L) 2:00 Scrabble (2L)</p>	<p>15</p> <p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Games (2L) 6:30 Band (4) "Melody and Song"</p>	<p>16</p> <p>9:30 Sit n' Be Fit (2) 10:30 Famous Irish Folks Who am I? (2L) 2:00 St. Patrick's Day Craft (2L)</p>	<p>17</p> <p>St. Patrick's Day</p>
<p>18</p> <p>2:30 Chapel (4) Easter Cantata</p>	<p>19</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Walking (2L) 2:00 Afternoon Chores (2)</p>	<p>20</p> <p>9:30 Chair Yoga (3) 10:30 Balloon Tennis (2) 2:00 Canasta (2L) 2:00 Stitch and Knit (4L)</p>	<p>21</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:00 Sign up for the Fabulous Lunch (2L) 10:30 Sudoku (2L) 2:00 Resident Council (2L) Meeting AGM</p>	<p>22</p> <p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Games (2L) 6:30 Band (4) "Kountry Friends"</p>	<p>23</p> <p>9:30 Sit n' Be Fit (2) 12:00 Fabulous Lunch (2L) "KFC" 2:00 Tile Rummy (2L)</p>	<p>24</p>
<p>25</p> <p>2:30 Chapel (4) Palm Sunday</p>	<p>26</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Walking (2L) 2:00 Afternoon Chores (2)</p>	<p>27</p> <p>9:30 Chair Yoga (3) 12:00 Men's Luncheon (2L) 2:00 Horse Race Games (2) 2:00 Stitch and Knit (4L)</p>	<p>28</p> <p>9:30 Sit n' Be Fit (2) 10:00 Coffee and Chat (2L) 10:30 Cryptograms (2L) 2:00 Virtual Bowling (3) 6:30 Talent Show (T)</p>	<p>29</p> <p>9:30 Bible Study (3) 10:30 Mental Aerobics (2) 2:00 Pen Pal Program (2L) 6:30 Band (T) "The Buckets"</p>	<p>30</p> <p>Good Friday Passover begins at sundown</p>	<p>31</p>